



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

NEW MEMBER REGISTRATION FORM

First name:	<input type="text"/>	Last name:	<input type="text"/>
Preferred name:	<input type="text"/>	Sex:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth:	<input type="text"/>	Age:	<input type="text"/>
Address:	<input type="text"/>		
City:	<input type="text"/>	State:	<input type="text"/>
		Zip:	<input type="text"/>
Primary Phone:	<input type="text"/>	<input type="checkbox"/> Mobile <input type="checkbox"/> Home <input type="checkbox"/> Work <input type="checkbox"/> Other	
Secondary Phone:	<input type="text"/>	<input type="checkbox"/> Mobile <input type="checkbox"/> Home <input type="checkbox"/> Work <input type="checkbox"/> Other	
Email:	<input type="text"/>		

By providing us with your e-mail address, you authorize Whole Heart Family Medicine to send you periodic reminders or announcements. In addition, you will be given access to an online portal where you can access your medical records and contact the office via email for appointments, refill requests, etc. We will not disclose your email address to any third party. You may terminate receiving e-mails from us at any time.

EMERGENCY CONTACT

Name:	<input type="text"/>		
Relationship:	<input type="text"/>	Phone:	<input type="text"/>

How did you hear about our practice?

<input type="checkbox"/> I am a Previous Patient	<input type="checkbox"/> A Friend – Who? <input type="text"/>
<input type="checkbox"/> Facebook/Instagram	<input type="checkbox"/> Medical Office Referral – Who? <input type="text"/>
<input type="checkbox"/> Billboard	<input type="checkbox"/> Website – wholeheartfamilymed.com
<input type="checkbox"/> Pamphlet	<input type="checkbox"/> Other: <input type="text"/>

INSURANCE INFORMATION

Primary Health Insurance:	<input type="text"/>
Secondary Health Insurance:	<input type="text"/>

*IF the patient is not the policy holder, please indicate their relationship: Spouse Child

*Name of policy holder IF different from patient :	<input type="text"/>
Date of Birth:	<input type="text"/>



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

PHARMACY INFORMATION

Local Pharmacy Name: _____ Phone number: _____

Address: _____

Mail Order Pharmacy? _____

WHAT IS THE REASON FOR YOUR VISIT TODAY?

Establish medical care Other: _____

What does optimal health look like to you? Where do you see yourself 10 or 20 yrs from now?

Your answers will give us a better understanding of your medical concerns and conditions. If you are uncomfortable with any questions, feel free not to answer them. Best estimates are fine; however, be specific whenever you can. Please contact family members if you need assistance completing the family history section. If you need more space, simply attach as many additional pages as you need. THANK YOU!

PRESCRIPTION MEDICATION

	Name	Dose	Taken how?	Reason
1	_____	_____	_____	_____
2	_____	_____	_____	_____
3	_____	_____	_____	_____
4	_____	_____	_____	_____
5	_____	_____	_____	_____
6	_____	_____	_____	_____
7	_____	_____	_____	_____
8	_____	_____	_____	_____
9	_____	_____	_____	_____
10	_____	_____	_____	_____

Do you take hormone replacement therapy? NO YES - Which Ones? _____

From whom? _____



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

VITAMINS/SUPPLEMENTS/OTC MEDICATION

	Name	Dose	Taken how?	Reason
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Do you take daily aspirin? NO YES - Why? _____

ALLERGIES (or reactions to medicines) Check here if NONE:

(List medications and what type of reaction you had to each)



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

FAMILY HISTORY *Please indicate the health status of your immediate family members.

Include if the person has DECEASED and the person's age now (or at time of death). If applicable, list the cause of death, and any other relevant comments.

*It is especially important to note any history of heart disease (stents/bypass surgery), strokes, aneurysms, cancers, autoimmune disease (such as Lupus, Rheumatoid, Hashimotos, etc.), clotting disorders, carotid or other vascular disease, dementia, diabetes, kidney disease, or other serious illnesses.

MOTHER:

<input type="checkbox"/> Alive	Age: <input type="text"/> Health Status: <input type="text"/>
-----------------------------------	--

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:

MATERNAL GRANDMOTHER:

<input type="checkbox"/> Alive	Age: <input type="text"/> Health Status: <input type="text"/>
-----------------------------------	--

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:

MATERNAL GRANDFATHER:

<input type="checkbox"/> Alive	Age: <input type="text"/> Health Status: <input type="text"/>
-----------------------------------	--

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

FATHER

<input type="checkbox"/> Alive	Age: _____ Health Status: _____
-----------------------------------	------------------------------------

<input type="checkbox"/> Deceased	Age (at time of passing): _____ Cause of death: _____
--------------------------------------	--

Comments:

PATERNAL GRANDMOTHER

<input type="checkbox"/> Alive	Age: _____ Health Status: _____
-----------------------------------	------------------------------------

<input type="checkbox"/> Deceased	Age (at time of passing): _____ Cause of death: _____
--------------------------------------	--

Comments:

PATERNAL GRANDFATHER

<input type="checkbox"/> Alive	Age: _____ Health Status: _____
-----------------------------------	------------------------------------

<input type="checkbox"/> Deceased	Age (at time of passing): _____ Cause of death: _____
--------------------------------------	--

Comments:



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

SIBLING #1

<input type="checkbox"/> Alive	Age: <input type="text"/> Sex: F <input type="checkbox"/> M <input type="checkbox"/> Health Status: <input type="text"/>
-----------------------------------	---

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:

SIBLING #2

<input type="checkbox"/> Alive	Age: <input type="text"/> Sex: F <input type="checkbox"/> M <input type="checkbox"/> Health Status: <input type="text"/>
-----------------------------------	---

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:

SIBLING #3

<input type="checkbox"/> Alive	Age: <input type="text"/> Sex: F <input type="checkbox"/> M <input type="checkbox"/> Health Status: <input type="text"/>
-----------------------------------	---

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/> Cause of death: <input type="text"/>
--------------------------------------	--

Comments:



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

CHILD #1

<input type="checkbox"/> Alive	Age: <input type="text"/>	Sex: F <input type="checkbox"/> M <input type="checkbox"/>
Health Status: <input type="text"/>		

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/>
Cause of death <input type="text"/>	

Comments:

CHILD #2

<input type="checkbox"/> Alive	Age: <input type="text"/>	Sex: F <input type="checkbox"/> M <input type="checkbox"/>
Health Status: <input type="text"/>		

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/>
Cause of death <input type="text"/>	

Comments:

CHILD #3

<input type="checkbox"/> Alive	Age: <input type="text"/>	Sex: F <input type="checkbox"/> M <input type="checkbox"/>
Health Status: <input type="text"/>		

<input type="checkbox"/> Deceased	Age (at time of passing): <input type="text"/>
Cause of death <input type="text"/>	

Comments:



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

Please use this space to list any additional family members:

SOCIOECONOMICS AND LIFESTYLE

Occupation: _____ Employer: _____

How many hours do you typically work a week? Less than 40 40-55 More than 55

Fight/flight career? (i.e. fireman/women, policeman/women, trauma nurse, etc.) NO YES (explain): _____

Marital Status: Married Single Divorced Separated Widowed

Spouse/Partner's name: _____

Who lives at home with you? _____

How many children do you have? (Please provide names, gender, and ages) _____

Where were you born? _____ Where did you grow up? _____

Where do you live now and for how long? _____

SMOKING/DRUGS:

Do you smoke cigarettes?

NEVER

QUIT (Date) _____

Current Smoker - Packs per day? _____

Other nicotine? (E-cigs/Vape)

NEVER

QUIT (Date) _____

Current Smoker - Years using? _____



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

Are you exposed to second-hand smoke?

NO YES - How long?

Are you interested in quitting?

NO YES

Have you tried to quit in the past?

NO YES

What methods have you tried?

Do you smoke Marijuana?

NEVER
 QUIT (Date)
 Occasionally - How often?

Do you take any illegal drugs?

NEVER IN THE PAST
 CURRENT USER
(Which drugs?)

ALCOHOL/CAFFEINE:

Do you drink alcohol? NONE QUIT (Date)
 YES - How many per week? What type?

Does your alcohol intake have you or others concerned? NO YES

Caffeine intake per day: Coffee Energy drinks Diet Soda
 Regular Soda Tea

DIET

How would you rate your current diet? Excellent Good Fair Poor

How many times do you eat out a WEEK?

How much of your diet is fried/fast food/processed foods? 0-10% 10-30% 30-50% +50%

How many servings do you have a WEEK of:

Red Meat Dessert Fried food Junk food

How many servings do you have PER DAY of: Vegetables Fruits Water (Ounces)



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

Have you ever seen a dietician/health coach? NO YES

Do you follow a special diet (gluten-free, low carb, vegan, etc.)?

Do you have any food allergies or sensitivities? NO YES - Explain:

Do you count calories or macros (fat/carbs/prote NO YES - Explain:

WEIGHT:

Are you satisfied with your weight? YES NO What is your goal weight?

When did you last weigh your goal weight? How long were you at that weight?

EXERCISE:

Do you exercise regularly (cardio)? NO YES What type of exercise?

How long do you exercise in minutes? How often?

Do you weight train? YES NO What type?

How often? If you don't exercise, why not?

Do you have any limitations to your ability to exercise?

Do you do anything else to improve your health (sauna, cold plunge, etc.)?

STRESS:

How would you classify your stress level at **work**? Low Medium High

How would you classify your stress level at **home**? Low Medium High

Do you often feel anxious, angry, irritated, or rushed? NO YES (Explain)

Do you perceive a lack of control in your environment? NO YES (Explain)

How do you relax/manage your stress?

Do you meditate daily? NO YES (How?)

Do you see a counselor? NO YES (Explain)



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

STRESS:

How would you rate the quality of your sleep?

<input type="checkbox"/>	Excellent	<input type="checkbox"/>	Good	<input type="checkbox"/>	Fair	<input type="checkbox"/>	Poor
--------------------------	-----------	--------------------------	------	--------------------------	------	--------------------------	------

How many hours of sleep do you typically get each night?

Do you have trouble falling asleep?

<input type="checkbox"/>	NO	<input type="checkbox"/>	YES (Explain)	<input type="text"/>
--------------------------	----	--------------------------	---------------	----------------------

Do you have trouble staying asleep?

<input type="checkbox"/>	NO	<input type="checkbox"/>	YES (Explain)	<input type="text"/>
--------------------------	----	--------------------------	---------------	----------------------

If yes, how many times do you wake up (and why? To urinate, because of pain or because mind is racing, etc.)

What time do you typically go to bed?

What time do you typically get up?

Do you work shift work (night shift?) If so, is it rotating shift?

Do you have sleep apnea (if so, are you treating it and how?)

COMMUNITY:

How would you rate the quality of your sleep?

What activities do you do with family or friends?

How often do you get together with friends or family in a week?

Do you do any activities with community groups, clubs, or a church?

How often do you talk to friends or family on the phone in a week?

Do you enjoy connecting with people at your work (or school)?

Rate your ability to get support from family or friends when you need it

Excellent	Good	Fair	Poor
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Rate your confidence to have your say about issues that are important to you

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

Rate your sense of being part of a group or community

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

Rate your hopefulness for the future

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

ORAL HEALTH:

How many times a day do you brush your teeth? Do you use an electric toothbrush? NO YES

Do you floss regularly? NO YES How often?

How often do you see your dentist?

Do you ever have bleeding gums? NO YES

Have you ever had a root canal? NO YES

Does your oral health concern you? NO YES

NAME of your other medical providers

What Type of specialist? (cardiologist, orthopedic . . .)

<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

Have you ever been hospitalized for illness? NO YES If so, when and why:

PAST SURGICAL HISTORY

Check here if you have never had surgery

Surgery	Date	By whom?
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

PAST MEDICAL HISTORY (PRIOR OR CURRENT illnesses)

Please indicate if you have EVER had any of the following medical problems. (Include the date it occurred).

Just leave date blank if you don't know.

Heart Disease	<input type="checkbox"/>	Date	<input type="text"/>	Kidney Stones	<input type="checkbox"/>	Date	<input type="text"/>
Stroke	<input type="checkbox"/>	Date	<input type="text"/>	Gallbladder Stones	<input type="checkbox"/>	Date	<input type="text"/>
High Cholesterol	<input type="checkbox"/>	Date	<input type="text"/>	History of Hepatitis	<input type="checkbox"/>	Date	<input type="text"/>
High Blood Pressure	<input type="checkbox"/>	Date	<input type="text"/>	Fatty Liver	<input type="checkbox"/>	Date	<input type="text"/>
Pre-diabetes or Metabolic Syndrome	<input type="checkbox"/>	Date	<input type="text"/>	Pancreatic Disease	<input type="checkbox"/>	Date	<input type="text"/>
Diabetes	<input type="checkbox"/>	Date	<input type="text"/>	Creases in earlobes (Frank's sign)	<input type="checkbox"/>	Date	<input type="text"/>
Mini-stroke or TIA	<input type="checkbox"/>	Date	<input type="text"/>	Fordyce Granules (sebaceous gland bumps on lips)	<input type="checkbox"/>	Date	<input type="text"/>
Atrial Fibrillation	<input type="checkbox"/>	Date	<input type="text"/>	Xanthoma (cholesterol deposits under the skin)	<input type="checkbox"/>	Date	<input type="text"/>
Poor blood flow to extremities	<input type="checkbox"/>	Date	<input type="text"/>	Acanthosis Nigrans	<input type="checkbox"/>	Date	<input type="text"/>
Aortic aneurysm	<input type="checkbox"/>	Date	<input type="text"/>	Baldness (male pattern)	<input type="checkbox"/>	Date	<input type="text"/>
Brain aneurysm	<input type="checkbox"/>	Date	<input type="text"/>	Rheumatoid Arthritis	<input type="checkbox"/>	Date	<input type="text"/>
Bleeding/clotting problems	<input type="checkbox"/>	Date	<input type="text"/>	Ankylosing Spondylitis	<input type="checkbox"/>	Date	<input type="text"/>
Blood clot in legs	<input type="checkbox"/>	Date	<input type="text"/>	Lupus	<input type="checkbox"/>	Date	<input type="text"/>
Pulmonary Embolism	<input type="checkbox"/>	Date	<input type="text"/>	Psoriasis	<input type="checkbox"/>	Date	<input type="text"/>
Anemia	<input type="checkbox"/>	Date	<input type="text"/>	Crohn's Disease or Ulcerative Colitis	<input type="checkbox"/>	Date	<input type="text"/>
High hemoglobin/hematocrit	<input type="checkbox"/>	Date	<input type="text"/>	Sjogren's Syndrome	<input type="checkbox"/>	Date	<input type="text"/>
Cancer (type?)	<input type="checkbox"/>	Date	<input type="text"/>	Other Autoimmune Disorder	<input type="checkbox"/>	Date	<input type="text"/>
Leukemia	<input type="checkbox"/>	Date	<input type="text"/>	Asthma	<input type="checkbox"/>	Date	<input type="text"/>
Hodgkin's Disease	<input type="checkbox"/>	Date	<input type="text"/>	Periodontal Disease	<input type="checkbox"/>	Date	<input type="text"/>
Abnormal platelets	<input type="checkbox"/>	Date	<input type="text"/>	Dental infections	<input type="checkbox"/>	Date	<input type="text"/>
Heart arrhythmia	<input type="checkbox"/>	Date	<input type="text"/>	Root Canal	<input type="checkbox"/>	Date	<input type="text"/>
Heart Valve Problem	<input type="checkbox"/>	Date	<input type="text"/>	Bleeding gums	<input type="checkbox"/>	Date	<input type="text"/>
Kidney Disease	<input type="checkbox"/>	Date	<input type="text"/>				



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

PAST MEDICAL HISTORY (PRIOR OR CURRENT illnesses)

Please indicate if you have EVER had any of the following medical problems. (Include the date it occurred).

Just leave date blank if you don't know.

Gout	<input type="checkbox"/>	Date	<input type="text"/>	Celiac Disease	<input type="checkbox"/>	Date	<input type="text"/>
Polycystic Ovaries	<input type="checkbox"/>	Date	<input type="text"/>	Alcoholism	<input type="checkbox"/>	Date	<input type="text"/>
Thyroid Problems	<input type="checkbox"/>	Date	<input type="text"/>	Drug use	<input type="checkbox"/>	Date	<input type="text"/>
Depression	<input type="checkbox"/>	Date	<input type="text"/>	HIV/AIDS	<input type="checkbox"/>	Date	<input type="text"/>
Suicide Attempts	<input type="checkbox"/>	Date	<input type="text"/>	Resting Heart Rate >75	<input type="checkbox"/>	Date	<input type="text"/>
Anxiety/Panic Attacks	<input type="checkbox"/>	Date	<input type="text"/>	Blood Pressure >120/80	<input type="checkbox"/>	Date	<input type="text"/>
Post-Traumatic Stress Syndrome	<input type="checkbox"/>	Date	<input type="text"/>				
Mental Disability	<input type="checkbox"/>	Date	<input type="text"/>	FOR MEN:			
Migraine Headaches	<input type="checkbox"/>	Date	<input type="text"/>	Erectile Dysfunction	<input type="checkbox"/>	Date	<input type="text"/>
Osteoporosis/osteopenia	<input type="checkbox"/>	Date	<input type="text"/>	FOR WOMEN:			
Restless Legs	<input type="checkbox"/>	Date	<input type="text"/>	Miscarriage	<input type="checkbox"/>	Date	<input type="text"/>
Sleep Apnea	<input type="checkbox"/>	Date	<input type="text"/>	Gestational Diabetes	<input type="checkbox"/>	Date	<input type="text"/>
Hormone Imbalance	<input type="checkbox"/>	Date	<input type="text"/>	Pre-eclampsia	<input type="checkbox"/>	Date	<input type="text"/>
Toxin Exposure (lead, mold, etc.)	<input type="checkbox"/>	Date	<input type="text"/>	Polycystic Ovarian Syndrome	<input type="checkbox"/>	Date	<input type="text"/>
Unexplained Nerve Problems	<input type="checkbox"/>	Date	<input type="text"/>	Menopausal Hot Flashes	<input type="checkbox"/>	Date	<input type="text"/>
Physical Disability	<input type="checkbox"/>	Date	<input type="text"/>				
Irritable Bowel Syndrome	<input type="checkbox"/>	Date	<input type="text"/>				
Stomach ulcers	<input type="checkbox"/>	Date	<input type="text"/>				
Helicobacter Pylori (stomach infection)	<input type="checkbox"/>	Date	<input type="text"/>				
Chronic Heartburn/Reflux	<input type="checkbox"/>	Date	<input type="text"/>				
Gluten Intolerance	<input type="checkbox"/>	Date	<input type="text"/>				



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

REVIEW OF SYSTEMS

CHECK OFF ANY **CURRENT SYMPTOMS** YOU HAVE

Chest Pain	<input type="checkbox"/>	Memory Loss	<input type="checkbox"/>
Palpitations (irregular heartbeats)	<input type="checkbox"/>	Lightheadedness	<input type="checkbox"/>
Swelling of feet or legs	<input type="checkbox"/>	Excessive Fatigue	<input type="checkbox"/>
Shortness of Breath with Exertion	<input type="checkbox"/>	Increased weakness	<input type="checkbox"/>
Cough/Wheeze	<input type="checkbox"/>	Tingling, pain, or numbness in hands/feet	<input type="checkbox"/>
Pain in extremities with exercise	<input type="checkbox"/>	Depression	<input type="checkbox"/>
Abdominal Pain	<input type="checkbox"/>	Anxiety	<input type="checkbox"/>
Diarrhea/Constipation	<input type="checkbox"/>	Irritability or impatience	<input type="checkbox"/>
Heartburn/Reflux	<input type="checkbox"/>	Brain fog/attention issues	<input type="checkbox"/>
Loss of Appetite	<input type="checkbox"/>	Bleeding or swollen gums	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	Bad breath	<input type="checkbox"/>
Problems with Sleep	<input type="checkbox"/>	Easy bruising/bleeding	<input type="checkbox"/>
Snoring	<input type="checkbox"/>	Chronic joint problem	<input type="checkbox"/>
Excessive Thirst or Urination	<input type="checkbox"/>	Unusual muscle weakness/aches	<input type="checkbox"/>
Urination at night that interrupts sleep	<input type="checkbox"/>	Large Varicose Veins	<input type="checkbox"/>
Unusual visual changes/double vision	<input type="checkbox"/>		

OTHER SYMPTOMS? Please list:



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

HIPAA RELEASE FORM

Authorization for Use or Disclosure of Protected Health Information

I authorize the release of information including diagnosis, records, medications, examination rendered to me, claims information, etc.

This information may be released to:

<input type="checkbox"/>	Spouse	<input type="text"/>	Phone:	<input type="text"/>
<input type="checkbox"/>	Child(ren)	<input type="text"/>	Phone:	<input type="text"/>
<input type="checkbox"/>	Other	<input type="text"/>	Phone:	<input type="text"/>

*You have the right to revoke this authorization at any time in writing.

For phone messages - please call: My cell number Other

*Information will not be discussed with any unauthorized person who may answer the phone.

If unable to reach me:

You may leave a detailed message Please leave a message asking me to return your call

Do not leave a message

My preferred method(s) of contact for communication: (check all that apply)

For appointment reminders: Text Phone Email

For health notifications, announcements, & billing: Text Phone Email

*By signing this form, I agree to receive automated phone calls or texts regarding appointment reminders, etc. However, I have the right to refuse to sign this authorization - treatment by any party may not be conditioned upon my signing of this authorization.

Signature: Date:

Print Name



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

NOTICE OF PRIVACY PRACTICES

I, _____, hereby give my consent for Whole Heart Family Medicine to use and disclose protected health information (PHI) about me to carry out treatment, payment, and health care operations (TPO). By signing this form, I authorize the release of my complete health record (list if there are any exceptions - please specify):

This authorization for release of information covers all past, present, and future periods of healthcare (UNLESS other dates are specified here: _____)

A full copy of Whole Heart Family Medicine’s “Notice of Privacy Practices” is available at the front desk and will be furnished to me upon my request. I have the right to review the Notice of Privacy Practices prior to signing this consent. Whole Heart Family Medicine reserves the right to revise its Notice of Privacy Practices at any time.

MY RIGHTS:

- I have the right to request that Whole Heart Family Medicine restrict how it uses or discloses my PHI to carry out TPO. By signing this form, I am consenting to allow Whole Heart Family Medicine to use and disclose my PHI to carry out TPO.
- I understand that I have the right to revoke this authorization at any time in writing, except where uses or disclosures have already been made based upon my original permission.
- I understand that uses and disclosures already made based upon my original permission cannot be taken back.
- I understand that it is possible that information used or disclosed with my permission may be redisclosed by the recipient and is no longer protected by the HIPAA Privacy Standards.
- I understand that treatment by any party may not be conditioned upon my signing of this authorization and that I may have the right to refuse to sign this authorization.
- At my request, I will be given a copy of this authorization after I have signed it. A copy of this authorization is as valid as the original.

Signature of Patient or Guardian: _____ Date: _____

Print Patient’s Name: _____



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

All Members at Whole Heart Family Practice will have access to*:

- **Access to advanced, integrative, compassionate care** with providers who listen well
- **Personalized preventative treatment plans** tailored to your unique risk factors and needs
- **Extended appointment times.** 1 hour for new patient appointments and initial bloodwork reviews and 30-45 minutes for other follow up appointments. More time with the patient always equates with better medical care! (Same day work-in appointments may be shorter)
- **Virtual appointment option for everyone in SC.** Save time and money by minimizing travel to the office. Even those with BCBS are currently eligible. (Subject to change pending insurance coverage)
- **In-office blood draw with private phlebotomist.** Saves long wait times while also minimizing exposure to other sick people at the urgent care lab.
- **Group health coaching classes with our health coach.** (Topics such as: Foundations of Healthy Eating, Gluten Free Eating, Eating to Manage Blood Sugars, Food Elimination Diet, and Intermittent Fasting).
- **10% Discount on all Cardiorisk arterial scans** (CIMT, FIMT, & Abdominal Aortic Ultrasound)
- **Access to extensive online Heart Health educational program** by Dr. Brad Bale and Dr. Amy Doneen at AHAforlife.com
- **Unlimited use of our body composition scan machine** to assess current and goal metrics for body fat, muscle mass, and daily protein intake
- **Weight loss management** with personalized dietary guidance and option to purchase GLP-1 medications when warranted.
- **Access to purchase high quality compounded injectables:** methylated b12 shots with lipotropic amino acids and immune support with glutathione.
- **Increased discount on high-quality supplements** through Fullscript
- **Expedient responses from staff.** ALL phone calls, messages, and refill requests received before noon will be returned or handled the SAME DAY (on days office is open).
- **ALL prior authorizations for medicine or in-office testing will be initiated promptly.** We commit to advocating for the best possible medications and tests available and utilizing insurance coverage for these whenever possible.
- **\$200 clinician fee waived** (previously charged for extra time to interpret specialized testing)



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

- **OPTIONAL ADD ON SERVICES:** cutting-edge specialty tests with in-office interpretation (some of these tests are an additional cost and some can be run through insurance).
 - **Galleri multi cancer** early detection blood test (for 50+ types of cancer)
 - **Prenuvo** advanced full body MRI scan to assess for precancerous masses or aneurysms
 - **Cleerly coronary analysis test** to assess coronary artery health and identify the amount of soft or hard plaque present
 - **Genetworx pharmacogenetics testing** to determine if you are at risk of complications from certain medications
 - **Genetic Testing** to determine inherited risk of heart disease, Alzheimer's, clotting disorders, gluten sensitivity, and more!
 - **Oral DNA salivary diagnostic testing** to assess your oral microbiome and identify any dangerous pathogens
 - **Wheat Zoomer** panel to assess for sensitivity to wheat, autoimmune disease, and intestinal barrier stability.
 - **CPET cardiopulmonary testing** to measure Vo2 max and assess for early-stage cardiac dysfunction
 - **CIMT/FIMT scans** to identify arterial inflammation and early-stage plaque growth
 - **Continuous Glucose Monitoring** to monitor blood sugar fluctuations over 10 days
 - **Home Sleep Study test** to assess quality of sleep and identify sleep disorders



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

FINANCIAL POLICY & PATIENT CONTRACT

As a patient and member at Whole Heart Family Medicine, I agree to adhere to the following guidelines.

(Please initial next to each one)

I agree to furnish Whole Heart Family Medicine with a copy of my current health insurance card(s) and contact the office right away if there is any change in insurance or in my contact information.

I authorize the release of medical information necessary to process my insurance claims and I assign insurance benefits to Whole Heart Family Medicine for services provided to me by Whole Heart Family Medicine health care providers.

I understand that copays are due at the time of service, as required by my insurance company, on the same day of the appointment at Whole Heart Family Medicine.

I understand it is my responsibility to understand the terms and limitations of my health insurance coverage. After my claim has been filed and processed by the insurance company, I understand I am fully responsible for any remaining balance attributed to copays, co-insurances, and deductibles.

I accept full financial responsibility for all charges, self-pay balances, and other fees that may not be covered by my medical plan.

I agree to keep a credit or debit card on file in our secure Athena system to cover any remaining balance after claims have been processed through my insurance. I understand I will get an e-mail explaining the charges due five days before they are automatically billed to the card on file. This allows me time to contact my insurance company if I have any questions about my coverage.

I agree to keep a credit or debit card on file through Square to cover my monthly membership fees. I give permission for my card to be automatically billed monthly. I understand my year-long commitment as a member begins the month I sign up, and that Whole Heart Family Medicine bills for its services in arrears (the first day of the following month). For those individuals who have paid the whole year up front, their monthly billing will start 12 months later.

I understand I am committing to a 12-month membership and the terms of this authorization will remain in effect until I request that they be terminated. I understand the membership may not be cancelled before 12 months. I acknowledge that I am responsible for making a request to cancel my membership in writing at least 60 days in advance of the next scheduled charge date to ensure I am not charged again. I acknowledge that after the initial 12 months, I will continue to be billed monthly as a member until I cancel.

Should my card on file reach its limit or become compromised in any way, I agree to contact the office immediately to resolve the issue and give a new card number to process any fees/balances.

In the event I am unable to pay my bill or monthly membership fees, I will contact the office right away to discuss financial arrangements.



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

I understand my membership is NOT an insurance plan and it does not cover any medical care or services outside of what is provided at Whole Heart Family Medicine.

I agree to give at least 24 hours' notice if I need to cancel an appointment.

I understand Whole Heart Family Medicine is not a purely holistic or functional medicine practice, but rather an integrative practice that uses both lifestyle recommendations and prescription medications in their treatment plans.

I understand Whole Heart Family Medicine does not typically prescribe schedule II medications (such as stimulants and narcotics) or other chronic controlled medications (such as Ambien and Xanax), so I agree to see another medical provider for these if I need them.

If I am a female, I agree to see an OBGYN for my GYN and hormone needs.

I understand that children ages 12 and up may be patients at Whole Heart Family Medicine but that they will need to obtain any vaccinations or well-child visits from their pediatrician or other provider.

I understand that as a member of the practice, I can always choose which provider I see, but this will be based on appointment/provider availability.

I understand that Carey McNamara PA-C is NOT credentialed with Medicare or Tricare so she cannot see these patients at Whole Heart Family Medicine. I agree to notify the office immediately should I obtain one of these insurances.

If I am a self-pay patient, I agree to pay the membership fee in addition to the self-pay rate for office appointments and other services obtained at Whole Heart Family Medicine.

As a member, I will have access to acute work-in appointments and every effort will be made to accommodate me within 24 hours. However, I understand there could be circumstances (such as during Covid) when we cannot accommodate everyone right away. I understand there is no guarantee of immediate work-in appointments.

I acknowledge that I have received a copy of this financial policy and patient contract. I agree I have read this document, and I will comply with the terms set forth for services rendered by Whole Heart Family Medicine.

Signature: _____

Date: _____

Print Name _____

Informed Consent for Telemed Services

Whole Heart Family Medicine
2891 Tricom Street suite C
North Charleston, SC 29406

Patient Name

Date of Birth

Telemed involves the use of electronic communications to enable health care providers at different locations to share individual patient medical information for the purpose of improving patient care. The information may be used for diagnosis, therapy, follow-up and/or education, and may include any of the following:

- Patient medical records
- Live two-way audio and video
- Medical images
- Output data from medical devices and sound and video files

Electronic systems used will incorporate network and software security protocols to protect the confidentiality of patient identification systems and imaging data and will include measures to safeguard the data and to ensure its integrity against intentional or unintentional corruption.

Possible Risks

As with any medical procedure, there is potential risk associated with the use of telemedicine. These risks include, but may not be limited to:

- In rare cases, information transmitted may not be sufficient (i.e. poor resolution of images) to allow for appropriate medical decision making by the physician and consultants.
- Delays in medical evaluation and treatment could occur due to deficiencies or failures of the equipment.
- In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information.
- Telemedicine examinations or care may not be completed as face-to-face examinations or care.

By signing this Form, I attest to and understand the following:

1. I understand that the laws that protect privacy and the confidentiality of medical information also apply to telemedicine, and that no information obtained in the use of telemedicine which identifies me will be disclosed to researchers or other entities without my consent.
2. I understand that I have the right to withhold or withdraw my consent to the use of telemedicine during the course of my care at any time without affecting my right to future treatment.
3. I understand that I have the right to inspect all information obtained and recorded during the telemedicine interaction and may receive copies of the information.
4. I understand that I may expect the anticipated benefits from the use of telemedicine in my care, but that no results can be guaranteed or assured.
5. I understand I am responsible for my co-pay or co-insurance just like an in-office appointment.
6. I understand some medical conditions require a physical exam and warrant a direct evaluation, so I agree to come in for a separate in-office appointment if deemed necessary.

Please initial after reading this page: _____

PATIENT CONSENT TO USE TELEMEDICINE

I have read and understand the information provided above regarding telemedicine, have discussed it with my physician or such assistants as may be designated, and all of my questions have been answered to my satisfaction. I hereby give my informed consent for the use of telemedicine in my medical care.

I hereby authorize Whole Heart Family Medicine to use Telemedicine in the course of my diagnosis and treatment.

Patient Signature (or authorized person to sign for patient)

Date:

If Authorized signer, Relationship to patient



Whole Heart Family Medicine

Advanced • Integrative • Compassionate

Whole Heart Family Medicine Medical Records Release Form

TO: _____

FROM:

FAX: _____

Whole Heart Family Medicine

Phone: _____

Fax: (843) 654-1260

Phone: (843) 637-4173

By signing this form, I authorize you to release confidential health information about me, by releasing a copy of my medical records or a summary or record of my protected health information to the following physician/person/facility/entity and/or those directly associated with my medical care at:

Whole Heart Family Medicine
2891 Tricom Street Suite C
North Charleston, SC 29406
PHONE (843) 637-4173
FAX (843) 654-1260

The information you may release is as follows: (check)

- Complete Records
- Please be sure to include ALL lab results, diagnostic testing such as last mammogram & DEXA, last colonoscopy & eye exam, xray/MRI results, sleep study results, vaccine record, and consult notes from other specialists.
- Other (explain) _____

The purpose/reason for this release of information is as follows: (check)

- Transfer my medical care to new office (continuity of care)
- Other (explain) _____

Signature: _____

Date: _____

Print Name _____